

NICIL Spring Trainings-2016

FUN, FOCUS, FUTURE, HOW DO YOU LIKE THE NEW NICIL?

May 2016

Tuesday, May 17, 2016

2nd Annual Consumer Focus Group
1:00pm to 3:00pm
NICIL Training Center
Reservations requested by May 12, 2016
Come share your thoughts about NICIL's future!



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Money, Money, Money

How do you manage to keep some of it?

Monday, May 23, 2016

1:00pm to 3:00pm

This fun filled training explores how to control your money in today's high pressured work. Karla Belzar for University of Illinois Extension walks through how to get and retain control of your money through budgets. Don't miss this training and hold onto your money.!

Reservation by May 16, 2016 is required.

Thursday, May 19, 2016

Personal Assistant Management

1:00pm to 3:00pm

NICIL Training Center

Reservations required by May 12, 2016

This training is perfect for all consumers, and their PA's to learn the details of hiring, firing, and relationship building. The Service Plan is also covered in detail. You will be happy you came to this class!

Wednesday, May 25, 2016

Your New Career:

Job Searching for Today

1:00pm to 3:00pm

NICIL Training Center

Looking for a job is a fulltime job in itself! This class is designed to help you get ahead of the competition in this competitive market place. We give you hands on techniques to make your resume get the attention it desires! This class requires hard work, so come prepared!

Reservations required by May 18, 2016

Northwestern
Illinois
Center for
Independence
(NICIL)

All classes or trainings are at the NICIL Training Center. Fee for non-NICIL consumers is \$5.00 per class.

NICIL Consumers and Personal Assistants are free!

Reservations are required.

NICIL

412 Locust Street
Sterling, IL 61081

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www.nicil.org

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June 2016

Thursday, June 8 2016

1:00pm to 3:00pm
NICIL Training Center

Health and Nutrition

Do you love food? Does the idea of a cheesy pizza or a juicy burger make your mouth water? For most of us it does, but is our choice healthy, nutritious, and right for our bodies? This training shows how to have your favorite items but in a healthy way!

Reservations by June 1, 2016 are required



Emergency Preparedness

Thursday, June 16, 2016

1:00pm to 3:00pm
NICIL Training Center

Are you prepared for a weather emergency? It is something that each of us should be ready for, but how do you start? This class walks you through how to get prepared, how to manage your emergency supplies, and what else you should know BEFORE an event happens.

Reservations required by June 9, 2016.

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Interested in finding out more about what is happening at NICIL?
Check out our website at: www.nicil.org