

# NICIL Spring Trainings - 2017

## Getting Crafty with Craft

Wednesdays: February 1, 8, 15 ,22 & March 1\*

NICIL Training Room  
1:00-3:30pm

Lets have some fun with crafts that are made using items from the dollar store! This is a series of four (4) classes with four (4) different crafts but you choose the date of your favorite craft.

\* On March 1 there is no craft but rather an open craft time so if a project did not get completed during a previous class it can be completed that day.

Money for the craft is due on the day of the class.

Seating is limited to the first 10 participants for each class!



#1 Candle Votive: Feb 1  
\$15

Reservations due by: January 25

#2 Magnet Board: Feb 8  
\$15

Reservations due by : Feb 1

#3 Spring Door Wreath: Feb 15  
\$15

Reservations due by: Feb 8

#4 "Love" String Art : Feb 22  
\$15

Reservations due by: Feb 15



### Basic ASL I

Wednesday, March 22 and 29  
1:00 to 3:00pm  
NICIL Training Center

This Basic I Class focuses on the communication needed to help you interact with others in the Deaf and Hard of Hearing Community. It is FUN, interactive and gives you tools to use the same day. You will be able to exchange basic information about yourself and your family such as names, where you live, and your interests.

\*This is a two part class.

Reservations required by March 15, 2017

### Kitchen Safety

Tuesday, March 14, 2017  
1:00 to 3:00pm  
NICIL Training Center

Basic kitchen safety is a requirement for anyone cooking their own meals. This class will cover: general kitchen safety, knife safety, fire safety, appliance safety, and food safety.

Reservations required by March 7, 2017



### NICIL Sewing Club

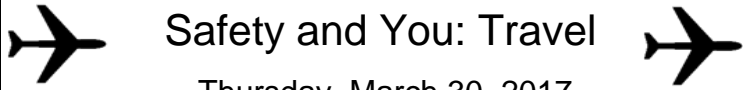
Thursday, March 23 2017 (Informational Session)  
Sewing Sessions: April 27, May 25, June 22  
1:00-3:00pm  
NICIL Training Center



NICIL has seen a need in the community for hygiene kits to distribute as the team sees necessary or as requested by referral partners. NICIL has been busy collecting the items to be placed in the bags and now we need your help! We need assistance in making the bags that the hygiene items will be distributed in. Club will meet on the 4th Thursday of the month from 1:00-4:30pm. The first hour and a half will be spent on the hygiene bags and the last two hours will be an "Open Sew" time in which you can bring in your projects to work on.

Accommodations available upon request

# NICIL Spring Trainings - 2017



## Safety and You: Travel

Thursday, March 30, 2017  
1:00 to 3:00pm  
NICIL Training Center

Have you ever wanted to pick up and travel to far off and exotic places or maybe just take a trip across town to do some shopping? Do you want some tips to stay safe when you are traveling, across town or across the country? NICIL wants you to be confident whenever you leave your home, so come join us and learn how to be safe when you travel locally and abroad.

Reservations by March 23, 2017 required

## Basic ASL II

Wednesday, April 5 & 12 2017  
1:00-3:00pm  
NICIL Training Center

This Basic II Class will advance your communication with Deaf and Hard of Hearing and you will have great receptive skills in reading sign language from Deaf and Hard of Hearing. You will continue to expand vocabulary and concepts. Expansion of conversational range includes talking about other people and activities, giving directions, and making requests.

Reservations by March 29, 2017



## Safety and you: Emergency Preparedness

Tuesday, April 11, 2017  
1:00 to 3:00pm  
NICIL Training Center

Are you prepared for a weather emergency? It is something that each of us should be ready for, but how do you start? This class walks you how to get prepared, how to manage your emergency supplies, and what else you should know BEFORE an event happens.

Reservations by April 4, 2017 required



## ASL Finger Spelling



Wednesday, April 19 & 26 2017  
1:00-3:00pm  
NICIL Training Center

This ASL Fingerspelling and Numbers is a challenging course, but is lots of fun and a great way to gain your receptive skills. You will develop increased fluency in your expressive and receptive abilities. This class will also cover the ASL numbering systems for time, money, measurements, game scores, and others.

Reservations by April 12, 2017

## Employment Class

Thursday, April 20, 2017  
1:00-5:00pm  
NICIL Training Center

Looking for a job is a fulltime job in itself! This class is designed to help you get ahead of the competition in this competitive market place. We give you hands on techniques to make your resume get the attention it desires! This class requires hard work, so come prepared!

Reservations by April 13, 2017



## Money Smarts

Thursday, April 27, 2017  
9:00-11:00am  
NICIL Training Center



NICIL is excited to welcome back Karla Belzer from University of Illinois Extension office to teach the Money Week class this year. Karla will be teaching an overview of her budgeting class and different techniques that have worked for people.

Reservations by April 20, 2017

**Call Jessica today to reserve your spot today! 815-625-7860**

Accommodations available upon request.

# NICIL Spring Trainings - 2017

## How to Shop on a Budget

Tuesday, May 2, 2017  
1:00-3:00pm  
NICIL Training Center



Do you struggle making a grocery budget and sticking to it? Would you like to learn how to save money on your grocery bill and what makes your grocery bill increase each month? This class will cover those topics and more in an effort to assist you to make a budget and stick to it!

Reservations by April 25, 2017

## Intro to Deaf Culture

Wednesday, May 17, 2017  
1:00-3:00pm  
NICIL Training Center

In this exciting course learn about Deaf Culture and the uniqueness of the individuals whom make up that population.

Reservations by May 3, 2017

## Consumer Focus Group

Thursday, June 08, 2017  
1:00-3:00pm  
NICIL Training Center

The 3rd Annual Consumer Focus Group will meet and wants to hear your ideas for NICIL's future. Reservations by June 1, 2017



## NICIL Movie Days

1:00-3:00pm  
NICIL Training Center



Thursday, February 16-RSVP by Feb 9  
Thursday, March 16-RSVP by March 9  
Thursday, April 13-RSVP by April 6  
Thursday, May 18-RSVP by May 11

NICIL will choose the movie and consumers 18 and over are welcome to attend. Movies will be rated no more than PG-13.

Popcorn and a beverage are available for purchase for \$.50 each. Please bring small bills.

## Personal Assistant Orientation

It is a privilege and honor to serve people with disabilities. Some of the tasks you may be asked to complete include: bathing, grooming, bowel and bladder programs, cooking, cleaning, laundry, etc.

9:00am-3:30pm at NICIL

Class: February 28, 2017 - Applications due February 7, 2017

Class: March 28, 2017 - Applications due March 7, 2017

Class: April 25, 2017 - Applications due April 4, 2017

Class: May 23, 2017 - Applications due May 2, 2017

Saturday and Evening classes will be scheduled in late March, watch our Facebook and website for updates!

### Application Criteria:

Applicants must be 18 years old

Applicants must successfully pass a criminal background check.

Applicants must have a working phone number

Applicants must have reliable transportation.

Applicants must complete our training course.

\*\*Almost all NICIL classes can be done in an individually or in a group setting

**Call Jessica today to reserve your spot today! 815-625-7860**

Accommodations available upon request.

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