



# YOUTH TRANSITION SERVICES

We at NICIL are very excited about our services and programs! While Fast Track has been around for six (6) years through the Department of Human Services under the Division of Rehabilitation Services, it is NICIL's first year. In true NICIL fashion we analyzed the process and reviewed our notes, discussed, and determined how we can use Fast Track to support transitional students.

Fast Track is a multi-part curriculum, developed by NICIL, covering a vast variety of topics related to either the transition from high school into post-secondary education/vocational or the transition from post-secondary into the workforce. This entire series is centered on the independent living philosophy.

The Fast Track curriculum is an incredible learning experience that focuses on transition topics such as:

- Post-Secondary Education Exploration
- Job Exploration
- Workplace Readiness
- Self-Advocacy
- And Much More!

The Fast Track curriculum is a benefit to teachers, administrators, and school districts as it:

- Helps ensure that both Indicator 13 and the Transition Plan requirements set forth in the IDEA 2004 are being met
- Builds upon some of the skills that are already being taught – repetition
- Gives hardworking teachers a small break in lesson plan development

The NICIL team comes prepared with all materials and activities for each class!

Fast Track – Overview

Curriculum – the program is designed for 8 hours or 8 class periods and covers:

1. Circle of Influence (who influences you and when)
2. Introduction to Advocacy
3. Introduction to Communication
4. Part 2- Communication Styles
5. Active Listening

6. Disability Awareness & Disability Etiquette
7. Workplace Readiness
8. Goal Setting

NICIL bring this to your school with all the materials and activities. This program is free to students that are eligible, but can be made available for all students for a fee.

We feel that the covered topics that are of the utmost importance in the transition phase of a student's life. We do have additional training materials that continue on life choice training for an additional fee.

Call us for more details or to set up a visit to discuss in person!

Northwestern Illinois Center for Independent Living (NICIL)  
412 Locust St.  
Sterling, IL 61081  
815-625-7860  
Website: [www.nicil.org](http://www.nicil.org)